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SNACKS FOR HEALTHY TEETH



Pebble Plus. Paperback. Book Condition: New. Paperback. 24 pages. Dimensions: 10.6in. x 9.0in. x 0.3in. In 2005 the USDA unveiled MyPyramid to help Americans make healthier eating choices. MyPyramid, which replaces the old Food Guide Pyramid, stresses the need for individual food plans. So now more than ever, young readers need to learn the importance of healthy eating and physical activity. With easy-to-read text and vivid photographs, these books clearly explain each food group, how each is important for good health,...

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- Authored by Mari Schuh
- Released at -



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