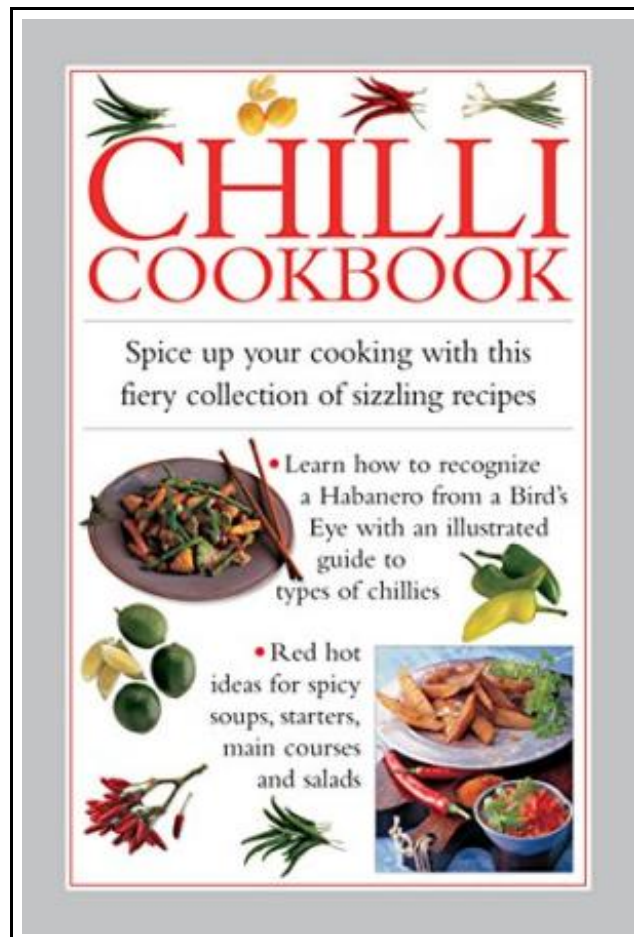


Chilli Cookbook: Spice Up Your Cooking with This Fiery Collection of Sizzling Recipes



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Reviews

*Merely no words and phrases to describe. I really could comprehend almost everything using this created e pdf. Your daily life period will be change once you full reading this ebook.
(Mr. Ladarius Stoltenberg)*

CHILLI COOKBOOK: SPICE UP YOUR COOKING WITH THIS FIERY COLLECTION OF SIZZLING RECIPES



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Anness Publishing. Hardback. Book Condition: new. BRAND NEW, Chilli Cookbook: Spice Up Your Cooking with This Fiery Collection of Sizzling Recipes, Valerie Ferguson, Spice up your cooking with this fiery collection of sizzling recipes. Wake up your tastebuds with these vibrant recipes to enjoy throughout the year. It features dishes from around the world, such as Chilli, Tomatoes & Spinach Pizza; Chilli Onion Koftas, and Piri-Piri Prawns with Aioli. It contains recipes for spicy soups, dips and starters; fiery fish and seafood; sizzling chicken and meat dishes; hot vegetarian meals plus piquant sides and salads. It includes techniques for seeding, roasting, peeling and grinding chillies for best results. It offers a concise introduction introduces the main types of chilli and how best to cook with them. Chilli peppers, in their many and varied forms, are widely used in cooking throughout the world. Although they are best known for being 'hot', they can in fact also be quite subtle, bringing in extra interest to dishes without making them at all fierce if you choose to use your chillies with care. Chillies combine well with all kinds of fish and seafood, poultry, meat, vegetables, salads, grains and pulses. As well as being pleasurable to eat, they aid the digestion, are a useful source of vitamins A and C, and are said to have a beneficial, calming effect. All of these are excellent reasons to cook more often with chillies, and using this book will help you to do that.



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